



THE ST. BERNARD SHERIFF'S OFFICE

invites you to learn more about our
Addiction Resource Program,
a program that will provide
help if you suffer from:

Alcohol Addiction

Substance Abuse

Gambling

Life Controlling Problems

Call our Addiction Resource Program
at 504-517-2944 or 504-278-7659
All communication is confidential.

St. Bernard Sheriff's Office

James Pohlmann, Sheriff

***No strings, no meddling,
strictly confidential help.***

Addiction is a complex disease, often chronic in nature, which affects the functioning of the brain and body. It also causes serious damage to families, relationships, schools, workplaces and neighborhoods. The most common symptoms of addiction are severe loss of control, continued use despite serious consequences, preoccupation with using, failed attempts to quit, tolerance and withdrawal. Addiction can be effectively prevented, treated and managed by healthcare professionals in combination with family or peer support.

The first step is to find the right help and place for the person suffering from addiction.

Help can be in the form of detox, counseling, rehab, or simply finding the right place tailored for you. The goal of the St. Bernard Sheriff's Office, is to connect the person (*or their family*) that is suffering from addiction, with the appropriate resources.

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